

SEATTLE TEAM

The Seattle branch came together on May 22nd to take the time out of our everyday lives to make an impact on some children and families in another part of the world. This something all of us and our families take for granted which is to have one meal a day.

The Seattle team arrived at work at 7am and began prepping the shop for our task at hand. The truck arrived at about 8am and we sat up the tables and the ingredients on each assembly line. Each assembly line consisted of about 6 people. At one end the raw ingredients were measured and placed into a meal bag, then weighed and adjusted for accuracy, counted and finally packaged for shipment at the other end of the table. Every single volunteer touched each meal package at least once.

The food is a rice and soy mix fortified with 21 vitamins and minerals, six dehydrated vegetables and seasoning. This soy(52% protein) and nutrient rich formula reverses the starvation process and its effects.





The One meal program has been providing much needed nourishing food to children in 18 different countries since 1994, including the U.S. and developing countries around the world. They do this by partnering with organizations like churches, schools, businesses and civic groups to host food packing events at their locations. The volunteers come together and pack meals assembly line style in a unifying and fun high-energy event.

We packaged the meals at a very fast pace and had a blast doing it. With just 2 assembly lines it was only a matter time before a competitive atmosphere broke out.

It was a close race but Johnnie's team felt obligated to let the boss, Todd Smith win.

All in all, 10,000 meals were packaged. That is a meal for 10'000 children.

All of the boxes were packaged onto pallets, shrink wrapped and loaded back on the truck ready for export. Our food was heading for Nicaragua in May.

The One Meal rep explained to the Seattle team the significance of each meal and how the meals we packed could prevent kids and families from having to roam through the dump for food. At the end of the story, a lot of us had tears in our eyes. A lot of us have kids and couldn't even imagine having our kids in a dump looking for food.